

Functional Faecal Incontinence Score

Use the table below to indicate the severity of your functional faecal incontinence:

Type of incontinence:

Type of incontinence:	Never	Rarely	Sometimes	Weekly	Daily
Incontinence for solid	0	1	2	3	4
Incontinence for liquid	0	1	2	3	4
Incontinence for gas	0	1	2	3	4
Alteration in lifestyle	0	1	2	3	4

	No	Yes
Need to wear pad	0	2
Taking constipation medicine	0	2
Lack of ability to defer defaecation for 15 minutes	0	4

Severity of functional faecal incontinence

Never:	No episode in recent 4 weeks
Rarely:	1 episode in recent 4 weeks
Sometimes:	> 1 episode in recent 4 weeks but not weekly
Weekly:	1 or more episodes a week but < 1 a day
Daily:	1 or more episodes a day

Score

0:	Perfect continence
24:	Totally incontinent

Patient Score:

Further comments:

A functional faecal incontinence score of 12 or higher corresponds to moderate to severe functional faecal incontinence.
Peristeen should be prescribed based on clinical judgement and scores are indicative.

Adapted from the St Mark's Hospital Incontinence Score, Vaizey C J, Gut 1999