

Revalidation – Supporting your registration

Title – ISC Competency Day

Method – Course Attendance

What was the topic?

Areas covered

- Patient Assessment & Why we teach ISC
- Cautions and contraindications of ISC
- HAPA model
- Trouble shooting
- UTI risk factor tool

Course Overview

This course provided the theoretical knowledge required to teach intermittent self-catheterisation, including patient assessment and catheter selection, through active discussions and review of case studies. The importance of adherence, risk of UTIS and the need for robust follow-up was also highlighted.

Purposes & success criteria

Hours

- Participatory – 7.5 CPD hours
- Total – 10 CPD hours

Link to Code

- Prioritise people
- Practise effectively
- Preserve safety
- Promote professionalism and trust

Standards of Proficiency

- Being an accountable professional
- Promoting health and preventing ill health
- Assessing needs and planning care
- Providing and evaluating care
- Improving safety and quality of care