

# Using validated tools to support *Getting It Right First Time* (GIRFT)

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## GIRFT - Aims to<sup>7</sup>

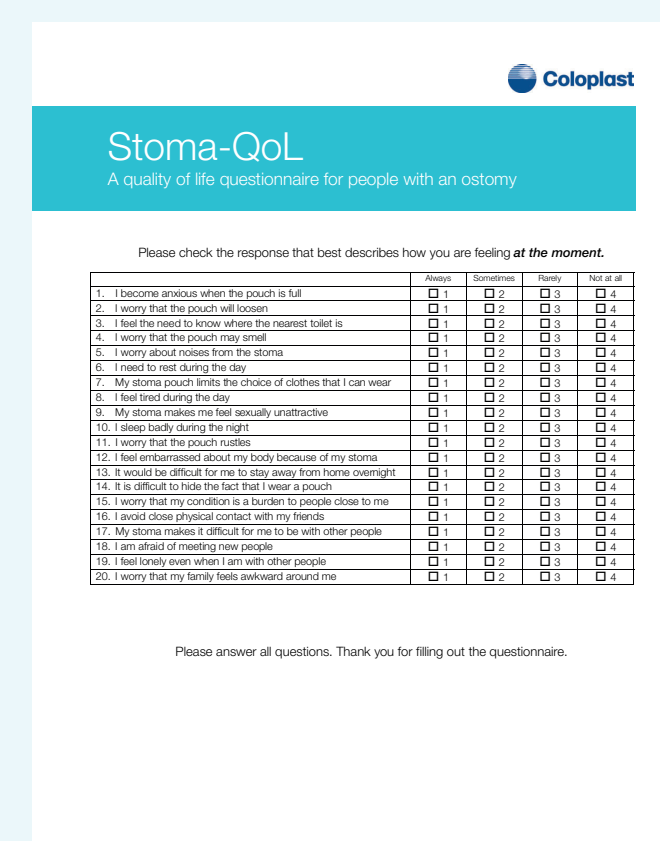
- Improve patient outcomes
- Reduce cost
- Share best practice

## Why is this relevant for stoma care

- Supports the building of trusting therapeutic relationships
- Improved QoL
- Reduced prescription costs
- Better adaptation of life with a stoma

## Using validated tools<sup>8</sup>

- Improves patient documentation
- Supports best practice
- Enables better condition tracking
- Ensures practice is evidence based
- Evidences the advanced skills of the SCN
- Provides a standardised nursing language
- Improves communication between health care professionals

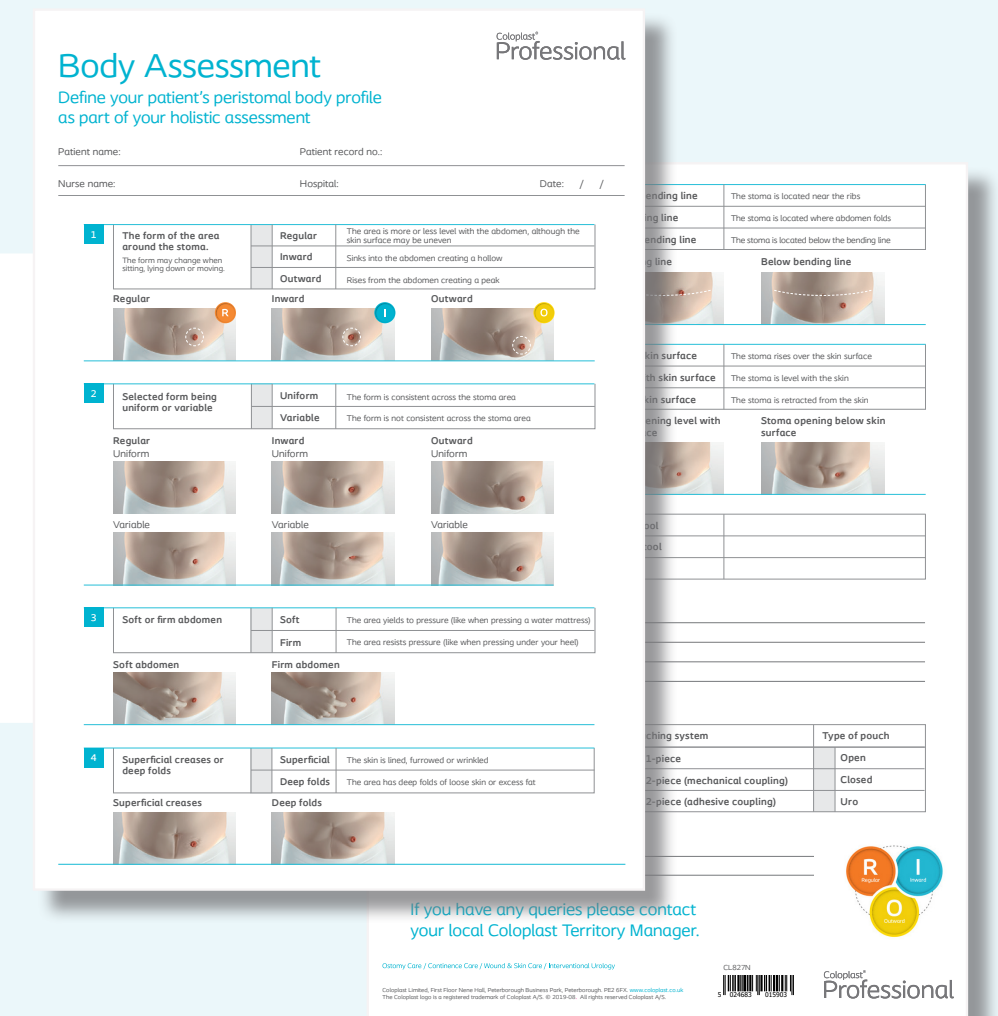


### Stoma QoL

- Recommended by the ASCN<sup>1</sup>
- Developed in 2005<sup>2</sup> and validated in 2010<sup>3</sup>

### Body Profile Assessment tool

- Validated during the Consensus Study 2018<sup>4</sup>



### Ostomy Skin Tool – DET

- Recommended by the ASCN<sup>1</sup>
- Developed in 2010<sup>5</sup> and validated in 2011<sup>6</sup>
- The only validated skin assessment tool

### References

1. ASCN. [https://ascnuk.com/members/resources/national\\_clinical\\_guidelines.aspx](https://ascnuk.com/members/resources/national_clinical_guidelines.aspx). Accessed 01/08/21
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4. James-Reid, S., Bain, K., Hansen, A., Vendelbo, G., Droste, W. and Colwell, J., 2019. Creating consensus-based practice guidelines with 2000 nurses. British Journal of Nursing, 28(22), pp.S18-S25.
5. Martins L, Ayello EA, Claessens I et al. The Ostomy Skin Tool: tracking peristomal skin changes. Br J Nurse. 2010; 19(15):960-964.
6. Jemec GB, Martins L, Claessens I et al. Assessing peristomal skin changes in ostomy patients: validation of the Ostomy Skin Tool. Br J Dermatol. 2011; 164(2):330-335.
7. GIRFT - <https://www.gettingitrightfirsttime.co.uk/>. Accessed 01/08/21
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