

# A guide to using your Biatain® Silicone dressing



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Making life easier\_



## How to dress your wound using Biatain® Silicone

### Step 1

Once you have cleaned your wound following instructions provided by your Healthcare Professional e.g. lukewarm water, gently dry the skin surrounding your wound. If any creams or ointments are used, ensure they are fully dry before applying your dressing.

### Step 2

Remove the central protective film.

*Your dressing has 3 protective films on the back, which can be removed one at a time to ensure aseptic application, meaning you will not have to touch dressing adhesive or the pad of the dressing in order to apply it.*



### Step 3

Holding onto the remaining side protective films, centralise the dressing over your wound and apply the dressing adhesive side down over your wound.



### Step 4

Remove the remaining side protective films, one at a time.



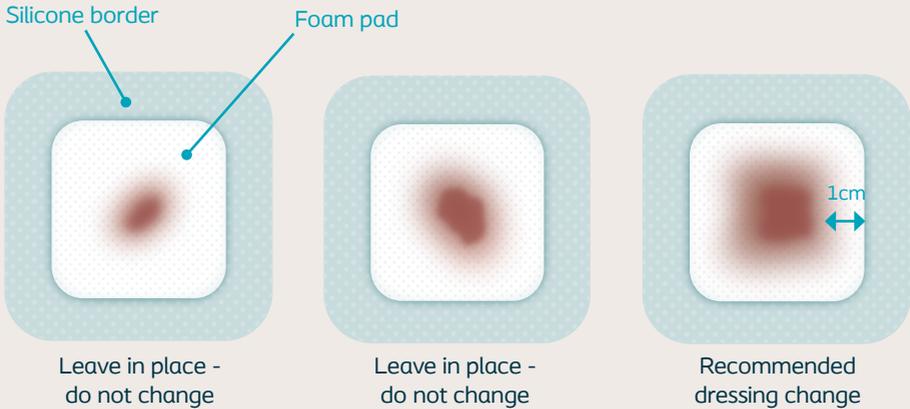
### Step 5

Gently run your fingers around the edge of the product to ensure an even and smooth secured fit to your skin.



## When is it time to change a Biatain® Silicone dressing?

Biatain Silicone can be left in place for up to 7 days dependent on exudate (wound fluid) level. Biatain Silicone should be changed when there is a 1cm gap between the exudate (wound fluid) and the edge of the dressing foam pad:



## How to remove Biatain® Silicone

To remove Biatain Silicone, gently lift the border on the dressing and slowly pull back the dressing until fully removed.



Scan the QR code to watch a video on how to apply and remove Biatain Silicone.

*This is for general guidance, please follow the instructions from your Healthcare Professional. For further information, please refer to the Instructions for Use enclosed with your dressing.*