

Chronic constipation: building pathways for better bowel management

Emmanuel A. (2020) Chronic constipation: building pathways for better bowel management. British Journal of Healthcare Management.

Constipation is often seen as a minor health problem, but when it becomes chronic it can have a major human impact on the patient and a financial impact on health services. Anton Emmanuel discusses the need for more effective methods of managing bowel health in NHS services.

If you would like to know more about the impact of constipation on healthcare services, and solutions to reduce this burden, why not have a look at the [Bowel Interest Group](#) and their 2020 report into the cost of constipation?

Areas for reflection

- Is there a pathway in your area to guide decisions and treatment for chronic constipation? How does this influence the treatment journey for your patients?
- How can nurses utilise the data presented in the Cost of Constipation report to influence decisions at patient and service level?

